



BELLBRAE BULLETIN

Acknowledgement of Country Bellbrae PS



Our school sits in beautiful forest and coastal country, and is the traditional home of the Wadawurrung people. Today we acknowledge the care they have given to this land for thousands of years, and the care they continue to give. We always remember that our community learns and grows on Wadawurrung land and we acknowledge and pay our respects to Wadawurrung Elders past, present and emerging.



THIS WEEK FROM THE PRINCIPAL

Front Nature Play Space and Entry

We're incredibly excited for the school community to have opened the front nature play area yesterday! The spider-gon, stepping stones, paths and yarning circle are excellent additions to our school. We still have a few finishing touches to add, such as a new school sign, third flagpole, rocks and some vegetation which are expected to be completed during the holidays. In addition, we have grant money for further native vegetation for this area and along the back fence. I'm sure you will all agree that it looks fantastic and also highlights the main entrance of the school which is important for visitors and new members of the community.

Parking

Following on from the Council survey, we would like to remind parents to abide by the 2 minute parking bays at the front of the school. This is designed as an area for rapid drop-offs and pick-ups to aid the flow of traffic. The Council has warned us that they will be monitoring the area and will be issuing parking infringements. Our bus drivers have also noted vehicles dropping off and picking up students in the 'bus zones'. We're looking at a raffle ticket system to reward expected behaviours.

NAPLAN

This week our Year 3 and 5 students have been participating in the National Assessment Program for Literacy and Numeracy (NAPLAN). We're incredibly proud of the manner our students have embraced the assessments, but wish to remind everyone that this is a 'snapshot' of their capacity and does not suit all learning needs or preferences. As a school, we utilise all learning experiences and a range of assessments to determine student learning goals and levels of achievement.

End of Term Picnic

We would like to invite parents and carers to participate in learning games in classrooms from 1:10PM on Thursday 28 March followed by a BYO picnic lunch from 1:30PM on the last day of term. This is a casual opportunity for you to visit your child/ren's classroom/s and play some games and then join in a picnic on the outside basketball court with our school community. If you choose to take your child/ren before the 2:30PM dismissal, please notify the classroom teacher or sign them out at the table on the basketball court.

Additional Learning Programs

At Bellbrae PS, we pride ourselves on providing engaging and diverse learning opportunities for our students. Our Year 6 students participate in Critical and Creative Thinking on Fridays which focuses on developing collaborative learning skills to complete creative, hands-on projects to serve others and the community. Their first project has been to paint a mural on the Gaga Pit. Another two programs will commence before the end of term; Literacy and Social Learning, and Building Together. Both programs will focus on middle years students and provide them with hands-on learning experiences which promote social skills, communication, problem solving, teamwork and hands-on literacy experiences. These programs are aimed at harnessing student strengths, whilst building the necessary skills required to succeed in school and life.

Finally, I'd like to wish Adrian a speedy recovery from knee surgery. He is progressing and we're looking forward to seeing him back ASAP. At this stage, he is aiming to return early next term. Have a great weekend everyone and I hope your footy team gets up!

IMPORTANT DATES & INFO

13th March

Naplan Begins

20th March

Cross Country for Grades
3 - 6

25th March

OneWave Program incursion

25th March

Whole school sausage sizzle

27th March

Lightning premiership
Grade 5 - 6

28th March

Last Day Of Term

15th April

1st day of term 2

17th April

Toys over time - Incursion
Grade 2

25th April

ANZAC DAY

5th May

MAYFAIR

Future Curriculum Days

Monday 5 August 2024
Monday 4 November 2024



5261 2660



BIRTHDAYS

14TH MARCH
IZZY GREENE

15TH MARCH
PRIYA BUGGY

17TH MARCH
OLIVE INFIELD

18TH MARCH
CHARLIE BUCKLEY

19TH MARCH
EVIE BEAVER

20TH MARCH
SCARLET MORRISH

21ST MARCH
LINKIN JONES
DUSTY KNITE
BEAU CANNAVAN

23RD MARCH
MAYA REYNOLDS

24TH MARCH
WILLOW NUTT

25TH MARCH
JUDE MARTIN
MATILDA HILBERT
GRACIE BEEL
SOFIA PHILLIPS

26TH MARCH
BONNIE CORCORAN
VIOLET GITTINGS

27TH MARCH
AUDREY BRISSENDEN
ZAC LAWSON
MILEY HOGAN



MAYFAIR

AT BELLBRAE PRIMARY SCHOOL
50 SCHOOL RD, BELLBRAE

Sunday 5th
May 2024

10.00am
to 3.00pm

Bring along your family for a fun day out!

- Carnival Rides • Live entertainment • Wood chopping
- Silent auction & raffle • Food & beverage stalls
- Lucky dips • Pre-loved stalls • Children's activities & much more.



Gold Sponsors



MAYFAIR

Thank you to our

GOLD SPONSORS



MAYFAIR

Thank you to our

SILVER SPONSORS



SILENT AUCTION DONORS

If you have any items you would like to donate to the silent auction - vouchers, experiences, services, goods. Please complete this [form](https://form.jotform.com/24050759666063).

<https://form.jotform.com/24050759666063>

DESIGN THE WARRI STADIUM SIGN

The Reconciliation Action Plan team need your help to design a sign for our new stadium!

The Wadawurrung word Warri means sea. Keep this in mind when you are creating your design.

If you would like to participate in the competition, please ask your classroom teacher to send your design to Mr Brown by Friday the 22nd of March.

What you need to do -

- Use only the words Warri Stadium with a creative font or design. Note: most digital fonts are copyrighted.
- Create your design on a white piece of card (see Mr Brown if you need some).
- Give your design to Mr Brown by Friday the 22nd of March (make sure you put your name on it).



Wadawurrung
Traditional Owners



JUNIOR SCHOOL COUNCIL FUNDRAISER – LAST DAY OF TERM

On the last day of term, we will be having a dress up day to raise funds for **St Johns First Aid**.

St Johns provided First Aid training to Staff at the start of this year, and the Junior School Council representatives agreed that this would be a worthwhile organisation to raise funds for to show our appreciation.

The theme for our dress up day is 'Come dressed as what you would like to be when you grow up'. We can't wait to see all the different occupations that our Bellbrae students would like to be in the future. Please bring a gold coin donation to support this great cause!



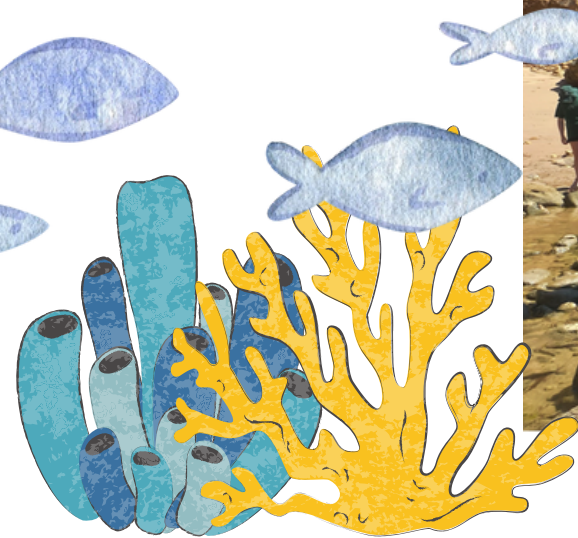
DIVISION SWIMMING CHAMPIONSHIPS

Congratulations to all our Swimmers who competed in the Bellarine Swimming Championships on Tuesday at Kardinia Pool. It is a huge accomplishment to qualify for the competition and fantastic to see several of our students finish on the podium. We look forward to sharing our results at the next assembly.



Last Friday Year 6 students participated in an environmental education session at Point Addis National Park. The session formed part of a wider unit focused on critical and creative thinking, with the days aim to engage students with a deeper appreciation for the incredible biodiversity of the intertidal zone and to think critically about the importance of these places and our relationships with them.

Some glorious Autumn weather greeted us as we walked out onto the rockpools with identification charts in hand. As our initial excitement began to settle we began to appreciate the wide variety and resilience of life on the rock shelf. The ability of these creatures to handle the wild weather, changing tides, currents, swells and predation was a discussion point as well as the physical and behavioural adaptations to meet these pressures. We discussed protected marine zones and the continuing pressures that our human population is having on these ecosystems. After a Lunch on the beach we concluded the beautiful morning with a reflection on the importance of awareness of these ecosystems. Students will be spreading this awareness of the incredible biodiversity in our ocean and shore environments by creating a mural on the Gaga Pit at school for the wider school community. As one student summarized when reflecting on a particular unique species called the decorator crab "People can only care for something if they know it exists".



ONE PLANET FESTIVAL

In Year 1 & 2 Performing Arts we have been singing some songs about taking care of the environment. We have been asked to perform these songs live at the One Planet Festival in Torquay on Saturday, March 16th. Any students from Year 1 & 2 who want to perform these songs live are invited to meet Mr. Hurrell at the One Planet Festival in Torquay on Saturday, March 16th at 11.55am for a 12:05pm performance. We will be performing at the Workshop/Talks area. Hope to see you all there.

PARENTS FOR CLIMATE

SURFERS FOR CLIMATE

ONE PLANET FESTIVAL

Fun for all ages!

Free Entry

SATURDAY 16TH MARCH, 2024
11AM TO 5PM
ELEPHANT WALK - TORQUAY

WELCOME TO COUNTRY - LIVE MUSIC - LOCAL ENVIRONMENT GROUPS & GREEN BUSINESS MARKET STALLS - TALKS - MINI WORKSHOPS - SHORT DOCO'S/ FILMS - KIDS ZONE - FACE PAINTING - FOOD VANS - EV EXHIBITS & E-BIKE DEMONSTRATIONS - RECYCLE STATIONS - YOGA

Special thanks to our sponsors

alternative

Goodbye Gas

fernemillen
photography

BELLS BEACH
BREWING

snap
print solutions

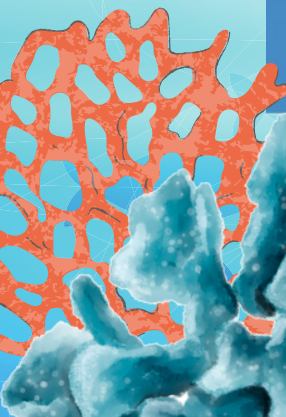
urban upcycle

This festival is supported by the Surf Coast Shire Council

www.oneplanetfest.com.au

Surf COAST SHIRE

SCAN HERE TO FIND OUT MORE

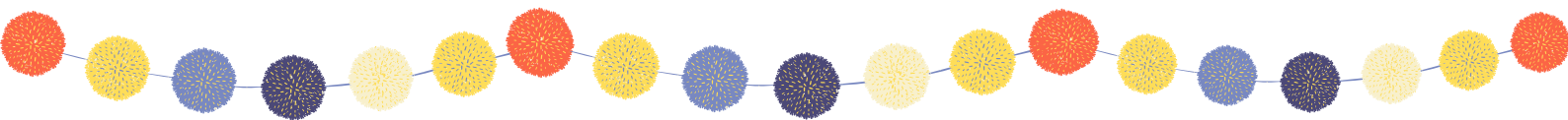


VISUAL ARTS PROGRAM

Dear Families,

We are thrilled to share with you our collaborative efforts in Visual Arts with students from grades 3 to 6. Together, we have crafted a stunning art piece that we are incredibly proud of. Featuring over 200 vibrant pom poms, this creation symbolizes the unity and creativity that thrive within our school community. Each pom pom represents the dedication and enthusiasm of our students. The prominent "R" stands for Respect, a core value of Bellbrae Primary School. As we prepare for Culture Day later this year, this art piece serves as a reminder of the importance of respect not only within our school but also in our greater community. We are excited to share more about Culture Day with you soon. Thank you for your continued support and encouragement as we nurture creativity, collaboration and respect among our students.

Mrs W
Visual Arts Teacher



SCHOOL PHOTOS

School Photos 2024 – Bellbrae Primary School

Annual school photos including sibling photos will be taken by Arthur Reed Photos on Monday 18th March 2024.

There is no need to return any forms or money to school.

Unique image codes will be issued to all students on/after photo day so families can register online to view images when they become available in the webshop.

Registration is simple, just follow the 3 simple steps on your child's personalised flyer once you receive it and remember to add the codes for all your children attending this school.

Even if you registered last year, it's important that you do again this year using your child's 2024 image code to link their images for the current year with your contact details.

When images are ready to view and in the webshop, all parents who have registered will be notified by SMS and email.

Once registered, please wait for notification that 2024 images are online to view before making your purchase.

SCHOOL PHOTOS 2024 - Important Registration Information



School Photographs will be taken at

Bellbrae Primary School
Monday 18th March 2024

There is no need to return any forms or payment to school before photo day

Flyers with Unique Image Codes will be issued to all students on or after photo day

When you receive your child's 2024 image code

Follow these 3 simple steps -

1 Go to order.arphotos.com.au and enter your child's 2024 image code



2 Tap on 'Add another child' to enter the image codes of any siblings



3 Fill in your contact details & review before confirming your registration*



*This information will only be used for distribution of personal image codes and ordering details.

That's it!

It's important to register each year to link your child's NEW images to your contact details
When 2024 images are ready to view in our secure webshop you'll be notified by email and SMS

• Create photo packages with any layout & YOUR choice of images + Multiple Image Downloads
• Order on any mobile device • Share the images with family & friends for FREE

** Please wait to receive notifications that new images are online **BEFORE** ordering for 2024**



Arthur Reed Photos Pty. Ltd.
A.B.N. 48 528 434 590
(03) 5243 4390
customerservice@arphotos.com.au

SCHOOL WIDE POSITIVE BEHAVIOUR



Our whole school focus in Week 8 and 9 will be showing our school value of Responsibility – we take care of shared spaces. All classes will engage in teaching and learning activities that explore:

- Leaving things the way we would expect to find them
- Cleaning up after ourselves
- Returning things to where they belong
- Treating school equipment with respect and using it responsibly.

VALUES AWARDS



DAISY CARR	FA	ASPIRE	For always giving your personal best and showing kindness towards others.
MORRISON LALA	FA	RESPECT	For a wonderful attitude to school and your kindness and respect towards your classmates.
CLEO BECK	FB	ASPIRE	For always completing each task with enthusiasm and a huge smile on your face, Amazing work Cleo!
HARLOWE HARVEY	FB	ASPIRE	For your positive attitude to learning and always aspiring to demonstrate your best during all activities. Well done Harlowe!
MACKIE HAMILTON	FC	RESPECT	For always being ready to learn and showing respect to everyone around him. Superstar effort, Mackie!
FINLEY CARRAN	FC	ASPIRE	For showing independence starting the school day and being ready to learn when the bell goes. Awesome effort Finley, keep it up!
XAVIER DRURY	FD	ASPIRE	For your consistent positive attitude to learning and always aspiring to do your best during all activities. Well done Xavier!
INDRAH D'AGOSTINO	FD	RESPONSIBILITY	For consistently displaying responsible behaviours in the classroom. Well done Indrah!
INDIE CHRISTIAN	FE	ASPIRE	Well done Indie for always having a smile on your face and for having a positive attitude! Keep it up!
OSCAR BIRD	FE	ASPIRE	Well done Oscar for always trying your best and having a great attitude towards school.
YUMI MULLEN - WALSH	1A	ASPIRE	For aspiring to always show you personal best, and for being a positive and thoughtful class member throughout the day.
REMY BECK	1A	RESILIENCE	Well done Remy Beck, for being resilient in your willingness to work with anyone. You are a 1A role model with the way you encourage and show respect to others.
JUNIPER STEELE	1B	RESPONSIBILITY	For constantly displaying responsible behaviours in the classroom. You are a valued member of 1B!
MIA MOLLOY	1C	RESPONSIBILITY	For taking great responsibility with her belongings and being very organised Well done Mia!
RUBEN KNIGHTS	1D	ASPIRE	Congratulations Ruben on always demonstrating our school value of Aspire. Everything you do is your very best effort. Well done!
JAMES MUMMERY	2A	ASPIRE	For always providing valuable insights during class discussions. Well done, James!
PIPPA CLYNE	2A	RESPONSIBILITY	For always being organised and ready to learn while giving every task your personal best. Well done, Pippa!
AXEL WILSON	2B	ASPIRE	Well done Axel. You ASPIRE to give your personal best with all listening and learning activities in the classroom. You are a role-model to your classmates.
NEAVE O'CONNOR	2B	RESPECT	Well done Neave. You show respect in the classroom by keeping our learning space tidy!
HARRY HISSEY	2C	ASPIRE	Well done Harry for aspiring to do your best when answering thoughtful questions about our mentor text 'My Place'.
MAGGIE WILLIAMS	2C	RESPECT	For always showing respect to peers and teachers and giving every task your best effort. Well done, Maggie!

VALUES AWARDS

SADIE HAMMOND	3A	RESPECT	For always being such a happy, kind and respectful class member. You always bring a smile to people's faces.
BROOKLYN SAMUEL	3A	ASPIRE	For your positive learning attitude and always trying your best! Well done, Brooklyn.
INDI HOLDING	3B	RESILIENCE	For demonstrating such strength and resilience during challenging times, and for valuing every learning opportunity in the classroom. Congratulations, Indi! :)
WILL DUNCAN	3B	RESPECT	For the kindness and consideration that you always demonstrate to others, and for always aspiring to challenge yourself in the classroom. Keep up the wonderful efforts, Will! :)
NEVE BIRD	3C	RESILIENCE	For her resilient and positive approach to learning especially when there are opportunities for her to be easily distracted.
SAILOR WEIDNER	3C	ASPIRE	For aspiring and persevering at learning tasks when easier options are trying to convince her otherwise.
HARRIET ADAMS	4A	RESILIENCE	Harriet has had a great start to the year. She gives everything a go, listens and learns from feedback and is happy to work with anyone in the class. She has also been a fantastic diary monitor!
JACK WEBBER	4A	RESILIENCE	Jack is happy to give everything a go, works well in group or individual situations and learns from feedback. He is quickly developing into a very mature worker in class! Well done Jack.
REMI GADD	4B	RESILIENCE	For always having a positive attitude when faced with challenges
CHARLOTTE SEIFFERT	4B	ASPIRE	For striving to achieve her best when presented with challenges.
LENNY PERRY	5A	RESILIENCE	For showing a resilient attitude by stepping up to the challenge of NAPLAN with a 'can do' attitude. Great work, Lenny!
RUBY WILLIAMS	5B	RESPECT	You always share your ideas and contribute positively to classroom discussions. You lead by example by challenging yourself when completing tasks to ensure you always do your best work. Well done, keep it up Ruby!
BELS BETTS	5B	RESPECT	For being a role model for Kindness! You are friendly, genuine and inclusive of all other students both in the learning space and in the yard. We love the positivity that you bring to school each day Bels. Keep it up!
SCARLET PRICE	5C	RESILIENCE	For tackling challenging tasks with effort and focus.
OTTO MAZYLIS	5C	RESPECT	For being a respectful member of the class and striving to do his best.
EVIE BEAN	6A	RESILIENCE	For the positive way you approached camp. You showed strength to push yourself through ensuring you made the most of your Grampians camp experience! Well Done Evie!
INDI PHILLIPS	6A	RESILIENCE	For keeping a positive mindset when things got tough. You took on all the challenges to make your final Grade 6 camp a memorable one. Well Done Indi!
KRISTOPHER APRIKIDIS	6B	RESILIENCE	For pushing through challenging experiences on camp and showing himself how strong he really is!
ACQUA MCCALLUM	6B	RESILIENCE	For showing how brave she is on camp when attempting new, scary things.



Dear families,

SAVE THE DATE!!

Year 3 – 6 Cyber-safety STUDENT presentation “Think You Know”

Thursday 21st March

HIGHLY RECOMMENDED, especially in light of our BYOD program.

Parents are invited to attend these sessions along with the 3 – 6 students.

- Session 1 (Year 3 / 4) 10:00am – 11:00am (BER BUILDING)
- Session 2 (Year 5 / 6) 11:40am – 12:40pm (STEM BUILDING *downstairs)

Leading Senior Constable Robbie Noggler is a Youth Resource Police Officer in the Barwon region, focusing on Cyber-Safety. He is widely acclaimed in the area as an expert in his field and is highly sought after by schools and other community groups.

The aim of any good Cyber Safety program in schools is to try and keep one step ahead of the game. Much like a good fitness program, we try to constantly monitor what the kids are doing online and rather than be reactive, we would prefer to be proactive.

Robbie has kindly accepted an invitation to speak with our **Year 3 – 6 student cohort**.

One of his main messages will be to keep an open channel of communication with parents / children about their social media use. That way, they will be more likely to come to you if they have a problem or issue.

“Talk to your kids! Don’t wait until there is a problem with the use of social media”

Similarly, encourage your children to come to you if there is a problem and then help to support them to find a solution. Be wary of removing their access to social media as it may limit their willingness to come to you again if something happens to them online in the future.

... “Talk to your children openly to ensure they can talk to you when something goes wrong.”

Robbie will also give some valuable tips and hints for parents to protect their own safety online as well as the safety of their family. He will also point out to the students that what they interpret as “harmless fun” might in fact be breaking the law! Students are sometimes unaware that at age 10 they can be arrested and charged under Australian cyber-safety laws[©]

During his presentation, Robbie will refer at times to the following websites:

Think you know campaign - <https://www.thinkuknow.org.au/>

The Allannah and Madeline Foundation – <https://www.alannahandmadeline.org.au/>

Office of the Children’s eSafety Commissioner – <https://www.esafety.gov.au/>

Bully Stoppers – <https://www.vic.gov.au/bully-stoppers>

Mr Mark O’Donnell

Year 4 / e Smart Bellbrae PS Coordinator

E SMART ONLINE SAFETY NEWSLETTER

eSmart Update 2 - 2024

Is there an age limit for kids on social media?

Most social media services and apps require users to be **13 years old to join**.

Why 13? This is usually to comply with the Children’s Online Privacy Protection Act of 1998 (COPPA)—a US law preventing the collection and storage of personal information from a child under 13.

What about APPS? App stores set their own age ratings based on the app’s content, and therefore these are usually set very low!!

Table: Age Guide to Social Media

Social Media	Terms of Use – Minimum Age Requirements	App Store Rating	Google Play Rating
ASK.fm	13+	12+	12+
Club Penguin	All ages (directed at 6 – 14 year olds)	4+	G - General
EA (Electronic Arts)	18+ (with parental permission up to 17 yrs)	n/a	G - general
Facebook	13+	4+	12+
Facebook Messenger	13+	4+	3+
Flickr	13+	12+	12+
Foursquare	13+	4+	12+
Google+	13+	17+	12+
Instagram	13+	12+	12+
Keek	13+ (with parental permission up to 17 yrs)	12+	12+
Kik	13+ (with parental permission up to 17 yrs)	12+	12+
Linkedin	14+	4+	3+
Minecraft	All ages (parental permission required to create a mojang account if user is under 13 yrs)	n/a	M – Mature (Pocket Edition)
Moshi Monsters	All ages (Directed at 6 – 12 year olds. If user is under 13, parent’s email is required)	4+	G - General
Pinterest	13+	12+	12+
Skype	18+ (With parental permission up to 17 yrs)	4+	3+
Snapchat	13+	12+	12+
Spotafriend	13-19 yrs only	17+	16+
Steam	13+	17+	12+
Tinder	18+ (Facebook account required to register)	17+	18+
Tumblr	13+	17+	12+
Twitter	13+	4+	12+
Vimeo	13+ (With parental permission up to 17 yrs)	17+	12+
Vine	13+	17+	12+
WhatsApp	16+	4+	3+
Yellow	13+ (With parental permission up to 17 yrs)	12+	12+
YouTube	13+	17+	12+

Source:

[Are they old enough? | eSafety Commissioner](#)

[Homepage | Australian Classification](#)

[Video and online games & apps: 3-18 years | Raising Children Network](#)

Mr Mark O’Donnell

Year 4 & e Smart Bellbrae PS Coordinator

Clubs
Lunchtime clubs including dance, drawing, STEM, gardening, library and sport

Yard Buddies
Yr 5 students supporting younger students in the yard during lunchtimes

Buddy Program
Yr 6 students supporting prep students

EdConnect
Volunteers supporting students in either a Learning Support or Mentoring capacity

Cyber Safety
Police in Schools visit to discuss Cyber Safety and responsible online behaviour

Gate Support
Staff at the gate to support morning transitions

OneWave
A fun and engaging mental health promotion presentation teaching students tips for looking after their mental health and looking after one another

Berry Street
Trauma-informed, whole school approach to wellbeing and engagement

SWPB/RR
School Wide Positive Behaviour Support and Respectful Relationships education across the whole school

Wellbeing Programs Term 1

Mental Health Services and Support

<p>Beyond Blue</p> <p>24/7 mental health support service</p> <p>1300 22 4636 beyondblue.org.au</p>	<p>headspace</p> <p>Online support and counselling to young people aged 12 to 25</p> <p>1800 650 890 (9am to 1am daily) headspace.org.au/eheadspace</p>	<p>Kids Helpline</p> <p>24/7 crisis support and suicide prevention services for children and young people aged 5 to 25</p> <p>1800 55 1800 kidshelpline.com.au</p>	<p>1800 RESPECT</p> <p>24/7 support for people impacted by sexual assault, domestic violence and abuse</p> <p>1800 737 732 1800respect.org.au</p>	<p>QLife</p> <p>LGBTI peer support and referral</p> <p>1800 184 527 qlife.org.au</p>
<p>Lifeline</p> <p>24/7 crisis support and suicide prevention services</p> <p>13 11 14 lifeline.org.au</p>	<p>Suicide Call Back</p> <p>24/7 crisis support and counselling service for people affected by suicide</p> <p>1300 659 467 suicidecallbackservice.org.au</p>		<p>Mensline</p> <p>24/7 counselling service for men</p> <p>1300 78 99 78 mensline.org.au</p>	<p>13YARN</p> <p>24/7 crisis support for Aboriginal and Torres Strait Islander people</p> <p>13 92 76 13yarn.org.au</p>

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.





**OneWave School Program – Mental Health promotion
Mon 25th March (WEEK 9)
9:15-9:45 for years Prep-2;
10:00-11:00 for years 3-6**

Bellbrae PS are very lucky to again have been offered a FREE mental health and wellbeing program to be delivered at our school, to coincide with the Rip Curl Pro. OneWave is a non-profit surf community raising awareness of mental health through a simple recipe...saltwater therapy, surfing and fluro! This program was well received by students in 2023.

What is the OneWave School Program?

OneWave delivers 'Free the Funk' programs at primary and secondary schools to raise awareness of mental health. We know early prevention, connection, and conversations save lives, so we bring colour to mental health and share tips and tools that young people can use throughout their lives.

Some of the key messages are:

- It's ok not to be ok
- It's cool to be kind
- It's awesome to be different
- What is your happy place?
- We talk about how they are feeling in terms of the weather and if they are feeling cloudy what can they do to feel sunny again

Teachers and students are encouraged to dress in fluro to bring more colour to mental health.

This is a whole school event and individual consent will not be required, if you DO NOT want your child/ren to participate please contact Bree Schmidt – Wellbeing Officer.



MEGA LEGO CLUB



DROP IN AFTER SCHOOL

Play and build with LEGO®. Take up the weekly challenges or freestyle your own brick creations. Ages 5+

Every Thursday during school term
3:30pm to 4:30pm
Torquay Library

Bookings not required.



grlc.vic.gov.au

All events are **FREE** unless otherwise specified.
Online grlc.vic.gov.au
In person at any branch, or phone 03 4201 0500



MELI

Drop-In Service



Meli drop-in service provides free support to families and does not require an appointment or referral. Our drop-in service provides free support to families who:

- would like to build their skills as parents
- may be experiencing family challenges and need support
- would like information about other services available for families
- may need support with referrals to other services

LOCATIONS

Armstrong Creek
Armstrong Creek East
Community Hub
46 Central Boulevard
Armstrong Creek

Bannockburn
Bannockburn Family Services
Centre
2A Pope Street
Bannockburn

Kids +
(available for Kids + clients)
Building LX
Deakin University
75 Pigdons Road
Waurn Ponds

Norlane
Norlane Child & Family Centre
52-56 Gerbera Avenue
Norlane

Surf Coast
Kurrambee Myaring Community
Centre
12 Merrijig Drive
Torquay

WHERE

DETAILS

WHO Parents/Carers/Families

For more information please
call Tina or Dom at Meli:

CONTACT ☎ 5226 8900
or email
✉ groups@meli.org.au

COST FREE (referral or appointment
not required)
Support people welcome

[f meli.community](https://www.facebook.com/meli.community) [@meli.community](https://www.instagram.com/meli.community)

groups@meli.org.au



Free online workshop



First Steps to Support & Connection

Do you have a young child with developmental delay or disability?

Then you're probably trying to navigate the huge amount of information to find out what support your child needs.

Register now for one of our March sessions!

This workshop will provide information about where to start and what you need to support your child and family.

More information:

- Duration: 90-minutes
- Bookings are essential
- Content is intended for families of children with developmental delay or disability
- Professional workshop facilitators are all parents or carers of children with disability

Workshop dates:

- Tuesday 12 March – 10:00 am
- Wednesday 13 March – 10:00 am
- Monday 18 March – 7:30 pm
- Tuesday 19 March – 10:00 am
- Wednesday 20 March – 10:00 am

Topics include:

- Respite
- Financial supports
- Self-care
- Staying connected
- Supporting siblings

Read more and register now



bit.ly/FASTSMarch24

Contact us

educate@acd.org.au
03 9880 7000 or
1800 654 013 (regional callers)



Bellbrae Business Directory

Showcasing local businesses who support Bellbrae Primary

www.bellbraebusinessdirectory.com.au

Do you need a window cleaner, trades, financial advice, or a real estate agent? Visit the Bellbrae Business Directory to view a list of local Surf Coast businesses that can help you.

Please join us in supporting the businesses who support us.

Business Categories

- Health
- Trades & Services
- Retail & Hospitality
- Sport, Recreation & Fitness
- Finance & Legal
- Business Services
- Tourism
- Education & Training
- Pets & Animals
- Property & Construction
- Event Services
- Beauty & Massage
- Marketing & Advertising
- Activities & Hobbies

www.bellbraebusinessdirectory.com.au

**List your
business
NOW**

via the website



Lunch orders



Canteen

Wednesday, Thursday

ONLINE ORDERS



By 9.30AM DAILY



*** Reminder to complete your order. You must get to the payment section to complete. If you do not receive a payment confirmation and canteen order number via email, your order will not have been processed. (See below) ***

Compass
Canteen order - 20225224000641

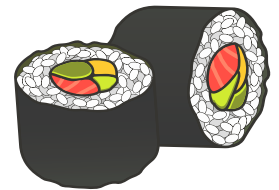
CompassPay
Payment Confirmation

Canteen - Specials

Please see canteen menu on the Compass App

Sushi Tuesdays

Online Only by 8pm Monday Nights healthysushi.square.site



COMMUNITY NEWS

MELI

Drop-In Service Surf Coast



Meli drop-in service provides free support to families and does not require an appointment or referral.

Our drop-in service provides free support to families who:

- are experiencing family challenges and need support
- would like to increase their skills as parents
- are experiencing mental health or substance use challenges
- need support to reduce adolescent violence and aggression in the home
- may be seeking information or support with referrals to other services

DETAILS

LOCATION Kurrabee Myaring Community Centre (KMCC)
12 Merrijig Drive
Torquay

WHO Parents/Carers/Families

Family Support Drop-in
Monday 8.30am-12.00pm
Amy Godfrey
☎ 0491 092 058

Mental Health/Alcohol & Other Drugs (AOD) Drop-in
Tuesday 1.30pm-4.00pm
Kate Fitzsimmons
☎ 0403 781 821

CONTACT

Early Steps Drop-in
Friday 8.30am-12.00pm
Sianna Lloyd
☎ 0490 783 046

SMS and phone calls welcome

COST FREE (no referral required)
Support people welcome

For more information please call Meli on 5226 8900.

SIMPLIFY & SORT

"Where Clutter Ends, Calm Begins"

Are you a busy person, do you run a busy household?
We are here to help you.

If you don't have time, we do!

- ✿ Refresh & de-clutter your living spaces
- ✿ Help with downsizing/relocating
- ✿ Personalized service
- ✿ Eco-friendly practices

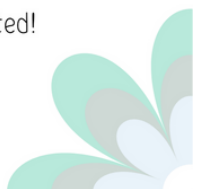
Whether its one cupboard, one room or the whole house.
We can help you regain functional flow & order.

We are reliable, super efficient & friendly

Contact us today. Let's get started!

☎ 0493-828-736

✉ simplifyandsort@gmail.com



Sometimes words are not enough...



Safe Space Creative Arts Therapy offers a nurturing and inclusive environment where women can openly explore their thoughts, feelings and emotions at their own pace through creative expression.



My name is Anna Nielsen, a qualified Creative Arts Therapist working with adult women, based in the beautiful Wadawurrung Country on the Surf Coast.



What I Do

I work with adult women to help improve wellbeing, women who are experiencing all kinds of challenges. Some examples of this might be feeling overwhelmed, trauma, depression, anxiety, self-doubt, relationships, stress, worry, grief and loss, isolation, and loneliness.

How I Work

I combine talk therapy and creative art expression, focusing on non-verbal self-expression to connect with internal experiences. This approach includes using various art materials like paints, sand, clay, or even body movement, offering numerous ways for individuals to express feelings without relying solely on words.

Who It Benefits

If you are a female over 18 years old feeling stuck, indecisive, unsure, worried, stressed, anxious, or overwhelmed, lacking direction, motivation or self-confidence, then Safe Space is for you!

anna@safespaceartstherapy.com
safespaceartstherapy.com
150 McCanns Road, Mt Duneed, 3217



School Crossing Supervisors - Surf Coast Shire Council

1 x Permanent Part Time - \$31.85 per hour (plus 11% super)

Darian Road, Torquay - 6.25 hours per week

Casual positions - \$39.85 per hour (plus 11% super)

Various locations within Surf Coast Region

About the roles

We currently have school crossing supervisor roles available at various locations within the Surf Coast Shire region and are looking for road safety hero's to ensure our kids, families and other community members are assisted with road crossings near school establishments.

These roles provide great opportunity for community connection and sense of achievement, where you will become a staple part of our young children's school routine.

These roles will be commencing week of Monday 15 April 2024.

Torquay - Darian Road (Permanent Part Time)

\$31.85 per hour - 6.25 hours a week

Monday to Friday: 2.45pm – 4.00pm

Various School crossings within Surf Coast Shire - Casual

\$39.85 per hour

Mandatory Requirements (Skills & Experience)

- Understanding of road rules and regulations
- Police Check results suitable for this position (will be arranged by Surf Coast Shire Council)
- A current WWCC.

How to apply

Please outline the role you are applying for at the start of your application. Please note that only applications with a statement addressing the above mandatory requirements will be considered for this position.

Applications close **11.59pm Wednesday 20 March 2024**. If you would like to discuss these roles contact Rob Pitcher on 5261 0600.

Apply through our employment webpage <https://www.surfcoast.vic.gov.au/About-us/Working-with-us/Employment> or drop off your application at our reception located at 1 Merrijig Drive, Torquay

Surf Coast Shire Council is an equal opportunity and child safe employer and completes police checks for all employees.



Surf Coast FAMILY HUB

The Surf Coast Family Hub offers specialist care that is individually-tailored and enables continuity of support for families from the Surf Coast and beyond. Our multidisciplinary team offers perinatal support, addressing the wellbeing needs of people from pregnancy through to parenthood, along with general support for individuals and families facing challenging times. We work with infants, children, adolescents, individuals, couples and families.

Wherever you are in your journey, let us support you.

MAKE AN APPOINTMENT TODAY:

Jan Juc Village
16 Princes Terrace
Jan Juc




0491 184 788

www.surfcoastfamilyhub.com.au



Holistic, evidence-based care to support perinatal, child & family wellbeing.

OUR SERVICES:

-  Perinatal & General Psychology
-  Child/Adolescent Therapy
-  Couples Therapy
-  Massage
-  Acupuncture
-  Midwifery Continuity of Care
-  Pregnancy/Birth/Postpartum Education
-  Music Groups



HIPPY

The Home Interaction Program for Parents and Youngsters is a fun and free program for families that supports children's learning in the two years before school.

It provides you with the tools to give your child a strong start in education.

Our program

Join HIPPY with your 3 year old child and each fortnight, HIPPY Tutors will bring you storybooks and activity packs and practice them with you so that you feel confident doing them with your child.

Each activity helps your child learn through play and supports their development in five different learning areas.

HIPPY only takes 10-15 minutes a day of learning and playing with your child to make change that lasts a lifetime.



HIPPY Tutors

Tutors are HIPPY parents trained in each of the HIPPY activities and will practice them with you at each home visit.

As HIPPY parents, Tutors have the personal experience and community knowledge to support you as you learn with your child.



Supports you as your child's most important teacher



Builds community connections and confidence

HIPPY Gatherings

Gatherings are fun, welcoming and family-friendly.

They're opportunity for you to meet other HIPPY families, learn about your child's development and to hear about local services and events in your community.



For more information contact your HIPPY Leader Angela Duncan

0428 445 267

angela.duncan@meli.org.au





ONE PLANET FESTIVAL



Fun for all ages!

Free Entry

SATURDAY 16TH MARCH, 2024
11AM TO 5PM
ELEPHANT WALK - TORQUAY

WELCOME TO COUNTRY - LIVE MUSIC - LOCAL ENVIRONMENT GROUPS & GREEN BUSINESS MARKET STALLS - TALKS - MINI WORKSHOPS - SHORT DOCO'S/ FILMS - KIDS ZONE - FACE PAINTING - FOOD VANS - EV EXHIBITS & E-BIKE DEMONSTRATIONS - RECYCLE STATIONS - YOGA

Special thanks to our sponsors



GoodbyeGas



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print solutions



This festival is supported by the Surf Coast Shire Council



www.oneplanetfest.com.au



SCAN HERE TO FIND OUT MORE



Noah's Ark Geelong Everyday Learning and Therapy

Are you looking for services to support your child?
If so, we have spaces available for...

Physiotherapy

We are accepting bookings NOW for a February/March start!

What can you expect from our Physiotherapists?

Our Physiotherapists will work with you to find fun ways to support your child's physical development and movement, such as rolling, sitting, crawling, walking, jumping, hopping and climbing.

Our Physiotherapists can also assist with physical skills such as strength, endurance, walking difficulties, balance or coordination. They will work with you to help your child to develop these skills at home, the local park, pre-school, swimming lessons, preschool and school.

If your child needs specialist equipment to help them get around, join in, or to be more independent, they will assess your child's needs and help you find the supports



Noah's Ark Geelong Everyday Learning and Therapy

Are you looking for services to support your child?
If so, we have spaces available for...

Occupational Therapy

We are accepting bookings NOW for a February/March start!

What can you expect from our Occupational Therapists?

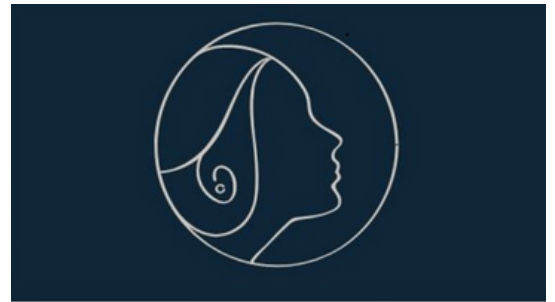
An Occupational Therapist can help your child build their independence in everyday activities such as eating, dressing, toileting, sleeping and joining their friends in play.

We'll help you find fun and motivating ways to develop your child's skills such as holding a spoon or pencil and using scissors at home, pre-school or school.

Our Occupational Therapists help you to understand your child's sensory needs and find ways that support them to improve their attention, enjoyment and success in their preferred everyday activities.

We can also support your child's independence through home modifications or assistive technology where suitable. Our Occupational Therapists can help you find the support that suits your child and family life needs.

To register interest in joining Noah's Ark Geelong, scan the QR code or visit the Therapy Services page of our website.



WOMEN'S HEALTH TORQUAY

1a Fischer Street
Torquay

PH: 03 9828 7550

womenshealthtorquay.com.au

Women's Health Torquay –
Created by women
for women.



AUSTRALIAN
CAMPS ASSOCIATION
PEOPLE OUTDOORS
Adventure for all



- Overnight Camps
- Weekend Camps
- School Holiday Camps



All meals, activities, transport and accommodation included. Central pick up point.



We are a Registered NDIS Service Provider.



Kids, teens and adults welcome.



Campers supported by professional staff.

30 years experience!

**Call today to find out more:
Head Office - 03 9863 6824**



Scan to complete
Referral Form to
join us on camp!



www.peopleoutdoors.org.au

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